



**Master the mind.
Forge your future.**

Bachelor of Arts in Psychology

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About Saint Leo University

Founded in 1889, Saint Leo University is a leading U.S. accredited university with a rich legacy of blending history with transformative, value-driven education. Now, Saint Leo is proud to offer 100% online degrees for students in India and Latin America in order to expand access to higher education. We aim to inspire young minds and ignite their individual aspirations. We lead in redefining 21st-century education with 25 years of online academic excellence and have a prominent global presence with 15,300 students and 100,000 global alumni from 100+ countries.

Saint Leo University is accredited by the Southern Association of Colleges and Schools Commission on Colleges (SACSCOC) and the business degrees by the Accreditation Council for Business Schools and Program (ACBSP). These accreditations serve as a testament to our unwavering commitment to delivering the highest standards of education.



Regional Accreditation by the Southern Association of Colleges and Schools Commission on Colleges (SACSCOC)



#14

Best Value Schools in the U.S. (South)

by the U.S. News and World Report, 2021



#26

Best Regional University in the U.S. (South)

by the U.S. News and World Report, 2021



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Program Overview

Saint Leo University's Bachelor of Arts in Psychology offers a window into the way people think, feel, and behave. Our psychology program aims to dive deep into the study of the human mind, personalities, behaviors, emotions, and development. Studying psychology provides you with a better understanding of human experiences through qualitative and quantitative research methods.

Saint Leo University's curriculum for our online psychology degree is based on the American Psychological Association model for programs of distinction. This degree program is not clinical in nature and will not prepare students for clinical practice upon graduating. Graduates of this program are able to go into entry-level positions in business, human resources management, law, government, advertising, and sales. Students who wish to go on to practice psychology will likely be required to pursue an advanced degree and additional certifications, and this program is excellent preparation for postgraduate studies. Be sure to check requirements for practicing psychology in your place of residence.



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Why Psychology?

Psychology ranks as the fourth most popular major in the U.S., and more than 100,000 U.S. students earn a bachelor's degree in this field each year. A undergraduate degree in psychology may give you an extra competitive edge if you want to work in a job related to human or organizational behavior in areas including:

- Management
- Consumer research
- Marketing
- Community and social service
- Educational support and teaching



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Professional Opportunities

The demand for mental health experts and professionals is on the rise, aligned with the importance of holistic well-being. An online Bachelor of Arts in Psychology equips you with the skills to decode the human psyche, analyze complex problems and transform lives. Shape a challenging but rewarding career in job roles like:

Human resources generalist

Crisis intervention counselor

Child welfare worker

Researcher

Advertising assistant

Commercial manager

Overall employment of psychologists is projected to grow 6 % from 2021 to 2031, about as fast as the average for all occupations. - Bureau of Labor Statistics

The global mental health market is projected to reach \$537.97 million by 2030, growing at a CAGR of 3.5% from 2021 to 2030. - Businesswire



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Why Choose Saint Leo University For Online Education?

History of excellence in online education



Join a pioneer in online education with Saint Leo's 25+ year legacy of providing transformative online education, paired with our 130+ years of academic excellence.

Access game-changing academic tools



Saint Leo University offers a dynamic learning experience with essential tools for professional and personal success. Gain exclusive access to Grammarly Premium, Microsoft Office 365, tutor.com, and a Zoom Premium Account for a seamless learning journey.

24x7 learning with an online library



Dive into a wealth of knowledge with 24x7 access to our expansive virtual library with a wealth of educational resources. Study when you want and transform your learning journey with a treasure trove of sources at your fingertips.

Same degree value as on-campus



Our online programs and on-campus offerings in Florida have the same value and academic rigor. Our online and on-campus degrees are equally recognized, respected and accepted globally.

Financial aid and scholarship



Navigate your educational journey with financial ease with the help of our academic advisors who can connect you with Saint Leo's financial support. With 0% financing options and merit scholarships, a U.S. education has never been more accessible.

AI-powered Career Catalyst



Nail interviews with real-time feedback, craft customized resumes, captivate recruiters with your LinkedIn profile and much more! Maximize your potential for AI-enabled success and secure your dream job with Career Catalyst in partnership with Hiration.

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Alumni Benefits

After graduation, whether from our online programs or on-campus courses, Saint Leo University alumni enjoy exclusive benefits. Join our online community to unlock a diverse array of privileges designed to enrich your post-graduate journey and keep you connected to the Saint Leo spirit.

Personalized Career Support

Receive tailored career guidance and support through our dedicated Career Services. Whether you need help crafting a resume, exploring job opportunities, or seeking professional advice, we're just an email or call away, ready to assist you in advancing your career.

Sprint Magazine

Immerse yourself in the stories of accomplishment and success within our alumni community through the Sprint magazine. This publication serves as a showcase of the remarkable achievements of our graduates, creating a sense of pride and connection among our extended Saint Leo family.

Connect on Social Media

Join the Saint Leo Alumni Facebook Group to stay connected with the broader community. Share your experiences, network with other alumni, and stay informed about the latest university updates, fostering a sense of belonging and friendship.

Exclusive Education Discounts through Benefit Hub

Unlock a world of special offers and discounts through the Benefit Hub and the Saint Leo Alumni Association Discount Marketplace. Accessible behind a secure login, these platforms provide exclusive opportunities for our alumni to save on continued education and professional development.

Engage in Alumni Events and Giving Days

Enrich your post-graduate experience by participating in engaging alumni events and giving days. These occasions not only provide a chance to reconnect with fellow alumni but also offer opportunities to contribute to the growth and development of our alma mater.

Virtual Alumni Chapter

Stay connected regardless of your location through our virtual alumni chapter. Engage in online discussions, attend virtual events, and leverage networking opportunities to strengthen your professional and personal connections with the extended Saint Leo family.



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What will you learn?

During the course of this program, you will investigate cognitive psychology, personality theory, abnormal psychology, the biological bases of behavior, child and adolescent development, and race and ethnicity. Our BA in psychology is a well-rounded education in the discipline while offering students the ability to tailor their education to meet individual needs. After completing the course, you will be able to:

- Explain the major perspectives of psychology, basic characteristics of the science of psychology, and research methods used by psychologists.
- Design, conduct, and evaluate research that address psychological questions.
- Practice ethical behavior in all aspects of the science and practice of psychology.
- Apply psychological content and skills to professional work in a business environment, exhibit self-discipline, refine project management skills, and work well on a team.



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Explore Career Catalyst


An AI-based job accelerator platform

We are excited to bring you a treasure trove of AI-powered tools in partnership with Hiration, a pioneer in AI-based innovation. Now you can amplify your potential and secure your dream job with the help of Career Catalyst.

Career Catalyst will help you:

- **Master mock interviews:** Sharpen your interview skills and receive instant, realtime feedback, allowing you to conquer your next interview with confidence and competence.
- **Tailor-make your resume:** Harness the power of the Job Matcher feature to customize your resume for specific opportunities, ensuring you outshine other qualified candidates.
- **Optimize your LinkedIn profile:** Showcase in-demand skills and experience to craft an irresistible LinkedIn profile that captures the interest of recruiters.
- **Perfect your cover letter:** Ensure your cover letter is exceptional and creates a lasting impression with detailed, actionable feedback on every element.

Immerse yourself in these exceptional, transformative features that empower you to present your best version and enhance your career potential.

Our dedicated team is here to provide step-by-step guidance. Feel free to [reach out](#)  with any queries or concerns and find out how we can take your career to the next level.



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Format

Online degree program

Our online programs have **six convenient start dates** throughout the year and are divided into eight-week sessions - October, January, March, May, June, and August.

Eligibility

To be eligible for admission in one of Saint Leo's online undergraduate programs you must meet the following criteria:

- Must not be a resident of the U.S.
- Must be proficient in English
- Must be a Higher Secondary School graduate (12th grade) with U.S. equivalent GPA of 2.0 (C) or higher (passing or above on your 12th grade final HSC, ICSE, CBSE, AISSC or other standardized exam)

Note: If final 12th grade exam scores are not available, students may submit their mid-term or prelims 12th grade scores and/or their 11th grade final scores.



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Curriculum

Each undergraduate program at Saint Leo University is comprised of 120 credits (or 40 subjects). Click on the name of each curriculum section to read more on the Saint Leo catalog about the subjects you will take.

University Explorations (42 credit hours)

University Explorations is the university's general education program. General education is a vital part of a student's subject of study at Saint Leo University, as it informs, deepens, and extends learning beyond the major.

Through a topical focus, University Explorations subjects demonstrate the relevance of the liberal arts and sciences to today's world, cultivating in students essential skills in critical thinking and decision making, effective communication, problem solving, analysis, and creativity. The curriculum consists of 42 credit hours comprised of 12 credits of foundational learning in English composition, mathematics, and computer skills, and 30 credits hours spread over five learning clusters representing the liberal arts and sciences.

FOUNDATION SUBJECTS

ENG 121 - Academic Writing I

ENG 122 - Academic Writing II

MAT 141 - Finite Mathematics

THE HUMAN ADVENTURE

ECO 110HA - Economics for Life

SOC 110HA - The McDonaldization of Society

THE HUMAN MOSAIC

SOC 110HM - The McDonaldization of Society

REL-223ES - World Religions: East and West

SCIENCE IN A CHANGING WORLD

SCI 115SC - Is Evolution True? Your Inner Fish

SCI 120SC - Human Ecology

THE CREATIVE LIFE

HUM 110CL - Giants of the Arts

MUS 210CL - Making Sense of the Sound:
The Art of Listening Well to
Great Music

THEOLOGY & PHILOSOPHY IN DIALOGUE

PHI 210RS - Thinking and Doing Ethics

REL 115 - Is God Silent? How to Read
Scriptures to Build a Life of Love

REL 125 - Searching for Light in the Darkness:
Faith, Reason, and the Quest for
God

Psychology Core (15 credits)

PSY 161 - Introduction to Psychology

PSY 202 - Foundations of Psychology Seminar

PSY 205 - Research Methods I

PSY 305 - Research Methods II

PSY 499 - Senior Seminar: Current Issues in Psychology

General Psychology Subjects (24 credits)

PSY 322 - Physiological Psychology: Study the structure and function of the central nervous system as related to emotion, motivation, learning, and theory of brain functions.

PSY 325 - Developmental Psychology: A survey of the major areas in human development with an equal emphasis placed on child, adolescent, and adult development. Examines developmental changes over the course of development and the processes underlying these changes. All major areas are reviewed, including biological, cognitive, language, personality, emotional, moral, social, and career development.

PSY 327 - Abnormal Psychology: This course offers a review of the historical and current scientific approaches to the study of abnormal behavior, emphasizing theories of causation, symptomatology, and treatment. Emphasis is on the DSM classification.

PSY 328 - Social Psychology: A study of the perceptions, attitudes, personality, motivations, relationships, and behavior of the individual as a function of social situations. The course emphasizes theory, research, and application. It is a course that is highly desirable for students in social work, education, pre-law, pre-med, pre-nursing, public administration, marketing, and management.

PSY 412 - Cognitive Psychology: An examination of higher-level thought processes including such topics as attention and perception, memory, language, reasoning, concept formation, and problem solving. Theories of cognitive functions are examined with an emphasis on research findings and methodologies.

PSY-334 - Child and Adolescent Development: A survey of the major areas in human development with an emphasis placed on child and adolescent development. The course examines developmental changes from conception to adolescence and the processes underlying these changes. All major areas are reviewed, including biological, cognitive, language, personality, emotional, moral, and social development.

PSY-339 - Social and Cultural Foundations of Behavior: This course explores social and cultural issues in psychology as they relate to the application of psychological theories and principles to diverse groups. Special attention is given to racial/ethnic minority issues and cultural diversity, a key component of which is developing an understanding of personal cultural development and how this pattern of development influences perceptions of interactions with others and general human behavior. In that, or allied fields become knowledgeable in the principles of information security.

PSY-341 - Psychology of Parenting: A comprehensive introduction to parenting with emphasis on the developmental process of children's and parents' growth and their changing relationships over time. Covers theories and research with a focus on application to practical parenting issues.

General Electives (39 credits)

Choose from available subjects to expand your knowledge in areas other than psychology.

Total Credit: 120 credits (or 40 subjects)



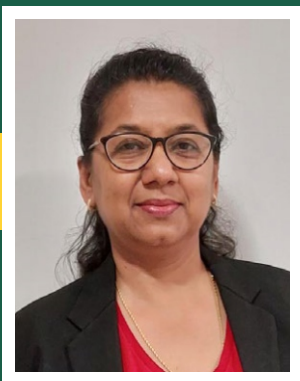
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Meet your faculty members

At Saint Leo, you'll learn from the best with our faculty who have real-world experience in the topics they teach and a passion for online education. Our Indian faculty ensure you can access a U.S. education without worrying about cultural barriers that may come with studying abroad. Each faculty member is hired according to the same standards as our on-campus faculty members, meaning you'll get the same level of education as you would at our Florida campus.

Faculty highlight

Meet one of our talented undergraduate faculty members:



Dr. Waheeda Sunny Thomas, PhD

Dr. Waheeda Sunny Thomas is an accomplished academic with more than 30 years of teaching and research experience. She is Head of Student Engagement and Deputy Program Director of BBA

Cardiff Metropolitan University at Universal Business School, Mumbai, and at Universal AI University, Mumbai, in addition to her work with Saint Leo. She is a recognized Ph.D. guide in the subject of Economics. Her research interests are foreign trade, the Sustainable Development Goals and the quality of higher education in India. She has published six reference books, two textbooks and more than thirty-five research papers. Dr. Waheeda's involvement extends to her work as a panel member on the NAAC and an advisor at the Empretec India Foundation, an entrepreneurship development wing of the United Nations Conference on Trade and Development.

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Dr. Richa Kela, PhD

Dr. Richa Kela has completed her Doctorate in Philosophy from the University of Delhi and was awarded a Junior Research Fellowship from the Indian Council of Philosophical Research, New Delhi.

Her topic of Doctoral research was "Euthanasia and the 'question of death: Examining with reference to Katha Upanishad". Dr. Richa has published 7 research papers in national and international journals and presented her work at different universities in India. Her area of interest lies in applied Indian ethics, Indian philosophy and philosophy of religion. She has been a philosophical counselor at Indira Gandhi National Open University and she has localized two courses on Philosophy of Religion for an international university. In addition to teaching at Saint Leo, she works as a faculty member for Shyama Prasad Mukherjee College, Delhi University, Delhi and also working under the research team of Gandhi Smriti and Darshan Bhawan from the Indian Ministry of Culture.



Dr. Sivaraman Eswaran, PhD

Dr. Sivaraman completed his Ph.D. at Bharathiar University, Coimbatore in 2019. He has qualified National Eligibility Test (NET) and Tamil Nadu State Eligibility Test (TN SET) for Assistant Professor, Computer

Science and Application, conducted by the University Grants Commission and the Government of Tamil Nadu respectively. In addition, he is a CompTIA Security+ certified professional and EC-Council Certified Computer Hacking Forensic Investigator in addition to a Microsoft Certified Professional and EMC Academic Associate. His research interests include cyber security, 5G networks, and cloud computing. In addition to teaching at Saint Leo, Dr. Sivaraman Eswaran is working as a Senior Lecturer of Computing (Cyber Security) with the department of Electrical and Computer Engineering, Curtin University, Sarawak, Malaysia and is the program leader for the Bachelor of Computing in Cyber Security. He received an internal research grant funded by PES University for a research project titled, "Similarity Mapping of Substantial Metadata for Sustainable Cyber Crime Investigation" in September 2020 in addition to several research projects funded by Curtin University Malaysia in collaboration with the University of Nottingham Malaysia and the Swinburne University of Technology Malaysia.

[Learn more about our faculty](#)

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University Accreditations



Degree Certificate



A Catholic University in the Benedictine tradition
in accordance with the recommendation of the President and Faculty,
the Board of Trustees of Saint Leo University has conferred upon

Leo Fritz
the degree of
Bachelor of Arts
Accounting
Cum Laude

with all the rights, honors, and privileges as well as the obligations
and responsibilities thereunto appertaining
this first day of June, anno Domini, two thousand twenty one.

Jane Doe
Chairman of the Board

John Doe
President

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Email : students@in.saintleo.edu

Contact : +91 989 9087019

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